

Calendar of Events June 2008

Lamrim Buddhist Centre

41 Octavia St. Belleville, ON, 613-966-1167

www.meditateinbelleville.org or www.kuluta.org



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 HJ 5 pm FP 7—9pm	3 GP: Napanee 7pm	4 HJ 5pm FP 7—9pm	5 HJ 5:30pm GP: Belleville 7pm	6	7 Vajrapani Empowerment With Gen Thekchen \$65 inc. lunch
8 TTP @ Kuluta 12—2pm 2:30-4:30pm	9 HJ 5 pm FP 7—9pm	10 GP: Napanee 7pm OSG 2-4 pm?	11 HJ 5pm FP 7—9pm	12 HJ 5:30pm GP: Belleville 7pm	13	14
15 TTP @ Kuluta 12—2pm 2:30-4:30pm	16 HJ 5 pm FP 7-9 pm	17 GP: Napanee 7pm	18 HJ 5pm FP 7—9pm	19 HJ 5:30pm GP: Belleville 7pm	20	21
22 TTP @ Kuluta 12—2pm 2:30-4:30pm AMM 5-6 pm	23 HJ 5 pm FP 7—9pm	24 GP: Napanee 7pm	25 HJ 5pm FP 7—9pm (OSG)	26 HJ 5:30pm GP: Belleville 7pm	27	28 Kangso 10am-2pm?
29 TTP @ Kuluta 12—2pm 2:30-4:30pm	30 HJ 5 pm FP 7—9pm					
GP = General Program drop in meditation classes open to all in: Belleville (Lamrim Centre, 41 Octavia St, top floor) Brighton (100 Main St) Napanee (41 Dundas St. W, Health Unit, room 2) Kuluta Centre (182 Wellington St, Kingston)			Chanted Prayers: HJ = Heart Jewel, prayers & meditation open to all (1 hour) OSG = Offering to the Spiritual Guide (2 hours) QP = Quick Path (HYT practitioners only) Kangso = Dharma Protector puja (4 hrs.)			